

SEPTEMBER 2022

Prostate Cancer Awareness Month

Prostate cancer is a serious disease that affects nearly 13 out of every 100 American men. September is Prostate Cancer Awareness Month. As such, take the time to learn about the risks and symptoms of this deadly condition.

Ignoring prostate health can lead to even greater health complications. That's because age is the most common risk factor when it comes to prostate cancer. In other words, the older you are, the higher your chances of developing the disease. Beyond age, other risk factors include race and family history.

So, if you're a man over the age of 55, consider speaking with your doctor about your risk of developing prostate cancer. Be on the lookout for symptoms such as urination trouble, bloody urine, frequent urination or pain in the pelvis region that doesn't go away. Even younger men can consider looking into prostate exams, especially if they have a family history of cancer. The sooner prostate cancer is caught, the more treatable it is.

Reach out to us for more health and wellness resources.

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Childhood Cancer Awareness Month Healthy Aging Month National Atrial Fibrillation Awareness Month National Childhood Obesity Awareness Month National Food Safety Education Month National ITP Awareness Month		National Head Lice Prevention Month National Preparedness Month National Recovery Month National Sickle Cell Month National Yoga Awareness Month Newborn Screening Awareness Month Ovarian Cancer Awareness Month		Pain Awareness Month Prostate Cancer Awareness Month Sepsis Awareness Month Sexual Health Awareness Month Whole Grains Month World Alzheimer's Month		
				1	2	3
4	5 Labor Day	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22 Autumnal Equinox	23	24
25	26	27	28	29	30	

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